

# HANNAH KEELEY

## "MORE HAPPY, LESS HUSTLE"

PSYCHOLOGY + SPIRITUALITY = TRANSFORMATION

### THE PROBLEM

When did we stop having fun? When did life become one big 9-5 hustle? Life is too precious to live the HUSTLE lifestyle. It's time to introduce more HAPPY to our routines. Achieving more by doing less is the dream. And to some, a fantasy. But you can achieve it!

### KEY TAKEAWAYS

- Understand the fail-proof method to overcome anxiety—for good!
- Learn how to do the “energy exchange” so you can get more done in less time.
- Release your need to apply effort and allow God to open the best doors for you.

### THE SOLUTION

Our culture believes you have to hustle and grind to achieve success. If that were true, then why are most people sleeping less, working harder, and still not getting ahead? Hannah reveals a hidden strategy to achieve more by doing less.

*Hannah is your secret weapon. She's proof that you can overcome and live a thriving, abundant life that glorifies God. Hannah is wild, fun, creative, and bold. But more than that she cares about helping you and seeing you win. She gets to the real heart of the matter. She drills down to what is really happening. But she does it and such a soft, reassuring, and coaching way...*

**TERRI SAVELLE FOY - AUTHOR, MOTIVATIONAL SPEAKER**



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